

## STARTERS & SHARE PLATES

- PAN BLACKENED STRINGBEANS** with Creole mustard remoulade \*6 <GF/VG> 7 / 12  
**PLATE OF STEAMED SNAP PEAS** sesame and shiso salt <GF/VG> 7  
**FRIED LONGSTEM ARTICHOKEs** sunflower aioli, crispy capers <GF/avail VG> 12  
**SICILIAN STYLE EGGPLANT BALLS** baked with four cheeses, red sauce <v> 10  
**EGG BATTERED ZUCCHINI ROLLS** with capers, pignoli, pomegranate 9  
**SUMMER SQUASH HUMMUS, OLIVES AND GRILLED FLATBREAD** <VG> 9  
**CREOLE MUSSEL STEAM** Pernod, mixed peppers, tomatoes...<GF> 12 • Double w/ Fries 19  
**CLAMS CASINO** smoked bacon, lemon-bell pepper-garlic butter 10  
**SAIGON STREET STYLE FRIED CALAMARI** <GF> 14  
 rice flour dusted, cucumber noodles, tamarind-peanut sauce, chile-garlic sambal  
**RIC'S ORIGINAL PURPLE HAZE SHRIMP** <GF> 13  
 psychedelic gastronomy with habaneros, pineapple, ginger, red cabbage,\*9  
**BOURBON BRAISED LOVER'S LEAP FARM PORK BELLY** <GF> 12  
 roasted garlic caramel, tingly peanuts  
**WOODSTOCK MEATS BEEF MARROW BONES**, toast, chow chow, tomato jam <Available GF> 12  
 Do the **MARROW BONE LUGE**, add a shot of Tequila to "luge" the bones  
**NWHC CHICKEN WINGS-OR-SEITAN NUGGETS** 8  
**LATIN STYLE "DOBE"** w/pique sauce <GF/VG> **DIRTY BLONDE BBQ** w/pineapple \*8.5 <GF/V>  
**JAMAICAN JERK** \*4, \*7 or \*10 <VG> **KOREAN BBQ** with kim chi \*7 <VG>

## SALAD

<ALL SALADS EXCEPT CAESAR ARE AVAILABLE VG and GF, ASK>

- SUMMER CAPRESE** <V/available> 12  
 fresh mozz (or tofu), mixed tomatoes, basil coulis, smoked salt, vin cotto  
**SEXY CAESAR** romaine hearts, classic egg-anchovy dressing, CAGE croutons, Parma 8/12  
**HUD-VAL-SAL** young greens, apples, bleu, smoked walnuts, grilled red onion, cider vin 8/12  
**VIETNAMESE** raw veggies, cabbage, herbs, peanuts, sprouts, tamarind-peanut dressing 8/12  
**SIMPLE SALAD** choose bleu cheese, vegan bleu, balsamic or classic vinaigrette 7/10  
**SALAD TOPPERS, GRILLED or BLACKENED** Chicken or Tofu 6 • Salmon, Gulf Shrimp 9  
**SANDOS** on a soft bun, grilled flatbread or bunless. GF BUN 1.50  
 plated with lettuce, tomato, pickle, choice of side or a little salad  
**NWHC CLASSIC LOCAL BEEF BURGER** (Highland Hollow Farm, Schoharie, NY) 16  
**BURGER DELUXE** NY cheddar, peppered bacon, grilled red onion, chipotle aioli 18  
**GRILLED or BLACKENED SALMON** w/ Creole remoulade 16  
**CUBAN SLOPPY JOE** Ropa Vieja, mustard mayo, pickles, Swiss 17  
**NWHC VEGGIE BURGER** Sweet potato-smoked chick pea based <VG/available GF> 15  
**VEGGIE BURGER DELUXE** Vegan Bleu, grilled red onions, banana ketchup 17  
 Add-ons \$1: cheddar, Swiss, bleu, vegan bleu, bacon, grilled red onions, any grill sauce

## BIG DINNERS

### NEW WORLD CLASSIC JAMAICAN JERK CHICKEN

FREE BIRD dark meat 21 or Boneless Breasts 23  
 brined, slowly cooked, finished on the grill, with pineapple rice, Island yams, greens,  
 plantain - choose \*4, \*7 or \*10

### FREE RANGE CHICKEN PARM

<avail GF> 22  
 FREE BIRD breast, panko'd, red sauce, four cheeses, arugula

### "MEANHOUSE" BBQ ST. LOUIS RIBS

<GF> 24  
 CAGE Fries, horseradish slaw, Meanhouse red BBQ sauce \*4

### RIC'S BEST ROPA VIEJA

<GF> 24  
 slow+low sofrito-laced braised Cuban style pot roast, black beans, rice, yams, plantain

### BACON WRAPPED, MAPLE GLAZED, SMOKED GOUDA STUFFED MEATLOAF

23  
 creamy mashers, sugar snap peas, bourbon-bacon gravy

### COFFEE RUBBED NY STRIP STEAK

<GF> 34  
 Hormone-antibiotic free range beef, Bearnaise, fries, salad \*3

### MUMBAI FISH AND CHIPS

<GF> 23  
 sustainable Alaskan cod marinated, cornflour fried, chat masala fries, curry slaw,  
 lime pickle tartar sauce \*3

### THAI BBQ TRUE NORTH SALMON

<GF> 28 or **PORTABELLO** <VG> 21  
 peanut slaw, brown rice, braised greens, lemongrass-garlic vinaigrette \*3

### GRILLED, SPICED SHRIMP AND SUMMER TABOULLEH

23  
 with summer squash hummus, fresh herbs \*2

### BLUE CORN CRUSTED SEITAN CUTLETS

<VG> 23  
 with tomatillo salsa, black beans, brown rice, yams, and greens \*3

### BIG NEW WORLD VEG PLATE

<VG/GF> 17 add Chimichurri Grilled Tofu 21  
 brown rice, black beans, island yams, plantains, daily veggies, greens

### THAI ITALIAN LOVE.....TWISTED PASTA BOLOGNESE

22/17  
 Panang curry tomato-coconut cream, local ground beef, big fat noodles \*6

### SPAGHETTI WITH EGGPLANT BALLS and HERBED RICOTTA

<v> 22/17  
 filetto di pomodoro, fresh herbs

### OLD SCHOOL SPAGHETTI WITH FRESH CLAM SAUCE

23  
 classic white or "Joey Ramone" Style

<Gluten free pasta add \$2>

## SIDES

6 <ALL GF EXCEPT tabloulleh, ALL VG EXCEPT Creamy Mashers> add gravy \$1

### HOUSE FRIES

### ISLAND YAMS w/ coconut oil and citrus

### CREAMY MASHERS

### SAUCES

### BRAISED GREENS w/ olive oil and onions

### BROWN RICE + BLACK BEANS

### TABOULLEH

1 Bearnaise, Gravy, Meanhouse, Dirty Blonde, Jerk, Chimichurri, Korean